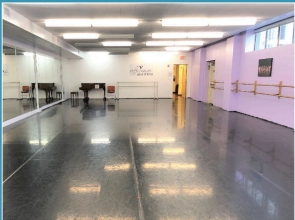




# STEFFI NOSSEN CLASS SCHEDULE

2025 - 2026

216 Central Ave, White Plains, NY 10606 | (914) 328-1900 |

Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUNG MOVERS 18 MO - 5 YEARS	<b>Call for a FREE TRIAL CLASS</b>		<b>Parents &amp; Toddlers</b>  (18 mo. - 3 years) 9:45 - 10:30 am	<b>Parents &amp; Toddlers</b>  (18 mo. - 3 years) 10:00 - 10:45 am		<b>Creative Movement</b>  (3 - 4 years) 9:00 - 9:45 am
		<b>Creative Movement</b>  (3 - 4 years) 3:45 - 4:30 pm		<b>Creative Movement</b>  (3 - 4 years) 4:00 - 4:45 pm	<b>Ballet/Tap</b>  (3 - 4 years) 4:00 - 5:00 pm	
CORE PROGRAM K - Grade 6	<b>TAP</b>  Tap I/II (1st- 3rd) 4:00 - 5:00 pm  Tap III/IV (4th - 6th) 5:00 - 6:00 pm	<b>BALLET</b>  Ballet I (K - 1st) 4:30 - 5:30 pm  Ballet II (2nd - 3rd) 5:30 - 6:30 pm  Ballet III/IV (4th - 6th) 6:30 - 7:45 pm	<b>JAZZ</b>  Ballet/Tap I (K - 1) 4:00-5:00 pm  Jazz I/II (1st - 3rd) 5:00 - 6:00 pm  Jazz III/IV (4th - 6th) 6:00 - 7:15 pm	<b>MODERN</b>  Modern I (K - 1st) 4:45 - 5:45 pm  Modern II/III (2nd - 4th) 5:45 - 6:45 pm	<b>AFROBEATS</b>  AFROBEATS I/II (1st - 3rd) 4:30 - 5:30 pm  AFROBEATS III/IV (4th- 6th) 5:30 - 6:30 pm	<b>BALLET</b>  Ballet III/IV (4th - 6th) 9:45 - 11:00 am  Ballet II (2nd - 3rd) 11:00 - 12:00 pm  Ballet I (K -1st) 12:00 - 1:00 pm
	<b>ADAPTIVE DANCE</b>  <b>KIDS</b> (5 - 7 yrs) 4:00 - 4:45 pm  <b>YOUTH</b> (8 - 15 yrs) 🎵 4:45 - 5:45 pm  <b>ADULT</b> (16 yrs+) 🎵 5:45 - 6:45 pm	<div> <div>STEFFI NOSSEN SCHOOL OF DANCE &amp; CENTER FOR MOVEMENT</div> <div>STUDIO RENTALS</div> <div>   </div> <div> <div>STUDIO A 30' x 73.5'</div> <div>STUDIO B 25' x 50'</div> </div> <div> <div>\$60 - \$150 / Hour</div> <div>(non-profit dance rehearsal rates available)</div> </div> </div>				<div><b>MODERN</b></div> <div>Modern I (K - 1st) 9:00 - 10:00 am</div> <div>Modern II (2nd - 3rd) 10:00 - 11:00 am</div> <div>Modern III/IV (4th- 6th) 11:00 - 12:15 pm</div>
ADAPTIVE DANCE					<div><b>FEATURES INCLUDE:</b></div> <ul style="list-style-type: none"> <li>· One Sound System per studio</li> <li>· Three air purifiers in each studio</li> <li>· Proof of Certificate of Insurance required</li> </ul> <div><b>AVAILABLE FOR:</b></div> <ul style="list-style-type: none"> <li>· Private &amp; Semi-Private Lessons</li> <li>· Group Classes &amp; Workshops</li> <li>· Rehearsals &amp; Photo Shoots</li> <li>· Private Events</li> </ul>	
					<div><b>RESERVE YOUR SPACE</b></div> <div>(914) 328-1900</div> <div>steffinossen.org</div>	

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Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
TECHNIQUE PROGRAM GradeS 7+	<b>TAP</b>  <b>Adv Beg Teen Tap</b> 6:00 - 7:00 pm	<b>BALLET</b>  <b>Int Ballet*</b> 🎵 4:15- 5:45 pm  <b>Adv Ballet*</b> 🎵 5:45 - 7:15 pm	<b>JAZZ</b>  <b>Adv Beg Jazz*</b> 4:15 - 5:30 pm  <b>Int Jazz*</b> 5:30 - 7:00 pm  <b>Adv Jazz*</b> 7:00 - 8:30 pm	<b>MODERN</b>  <b>Adv Beg Modern*</b> 4:15 - 5:30 pm 🎵  <b>Int Modern*</b> 5:30 - 7:00 pm 🎵  <b>Beg Teen Modern</b> 6:45 - 8:00 pm  <b>Adv Modern*</b> 🎵 7:00 - 8:30 pm	<b>BALLET</b>  <b>Beg Teen Ballet (7th+)</b> 5:00 - 6:15 pm  <b>Adv Beg Ballet*</b> 6:15 - 7:30 pm			
							<b>PRE-PROFESSIONAL PROGRAM</b> <b>JUNIOR MASTER CLASS*</b> 12:30 - 2:00 pm 🎵	
	ADULT CLASSES						<b>COMPANY/ MCII BALLET*</b> 1:00 - 1:45 pm 🎵	
ADULT CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		<b>MC I BALLET*</b> 2:00 - 2:45 pm 🎵	
	<b>TAP</b>  <b>Open Tap</b> 7:00 - 8:00 pm	<b>BALLET</b>  <b>Beginner Ballet</b> 7:15- 8:15 pm	<b>JAZZ</b>  <b>Beginner Jazz</b> 7:15- 8:15 pm		<b>AFROBEATS</b>  <b>Adult AFROBEATS</b> 6:30 - 7:30 pm		<b>MASTER CLASS II*</b> 2:00 - 3:30 pm 🎵	
							<b>MASTER CLASS I*</b> 🎵 2:45 - 4:15 pm	
*LEVEL- BASED CLASSES REQUIRE PLACEMENT AT TEACHERS' DISCRETION 🎵 LIVE MUSIC IN CLASSES							<b>COMPANY REHEARSAL*</b> 4:00 - 6:00 pm	
							<b>DANCE THEATER GROUP*</b> 4:30 - 6:00 pm	