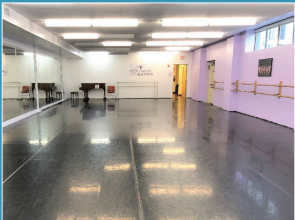















STEFFI NOSSEN CLASS SCHEDULE

2025 - 2026

216 Central Ave, White Plains, NY 10606 | (914) 328-1900 |

Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUNG MOVERS 18 MO - 5 YEARS	Call for a FREE TRIAL CLASS		Parents & Toddlers (18 mo. - 3 years) 9:45 - 10:30 am	Parents & Toddlers (18 mo. - 3 years) 10:00 - 10:45 am		Creative Movement (3 - 4 years) 9:00 - 9:45 am
		Creative Movement (3 - 4 years) 3:45 - 4:30 pm		Creative Movement (3 - 4 years) 4:00 - 4:45 pm	Ballet/Tap (3 - 4 years) 4:00 - 5:00 pm	
CORE PROGRAM K - Grade 6	TAP Tap I/II (1st- 3rd) 4:00 - 5:00 pm Tap III/IV (4th - 6th) 5:00 - 6:00 pm	BALLET Ballet I/II (K - 2nd) 4:30 - 5:30 pm Ballet III (3rd - 5th) 5:30 - 6:30 pm Ballet IV (5th - 6th) 6:30 - 7:45 pm	JAZZ Ballet/Tap I (K - 1) 4:00-5:00 pm Jazz I/II (1st - 3rd) 5:00 - 6:00 pm Jazz III/IV (4th - 6th) 6:00 - 7:15 pm	MODERN Modern I (K - 1st) 4:45 - 5:45 pm Modern II/III (2nd - 4th) 5:45 - 6:45 pm	AFROBEATS AFROBEATS I/II (1st - 3rd) 4:30 - 5:30 pm AFROBEATS III/IV (4th- 6th) 5:30 - 6:30 pm	BALLET Ballet III/IV (4th - 6th) 9:45 - 11:00 am Ballet II (2nd - 3rd) 11:00 - 12:00 pm Ballet I (K -1st) 12:00 - 1:00 pm
	ADAPTIVE DANCE KIDS (5 - 7 yrs) 4:00 - 4:45 pm YOUTH (8 - 15 yrs) 🎵 4:45 - 5:45 pm ADULT (16 yrs+) 🎵 5:45 - 6:45 pm	<div> <div>STEFFI NOSSEN SCHOOL OF DANCE & CENTER FOR MOVEMENT</div> <div>STUDIO RENTALS</div> <div>   </div> <div> <div>STUDIO A 30' x 73.5'</div> <div>STUDIO B 25' x 50'</div> </div> <div> <div>\$60 - \$150 / Hour</div> <div>(non-profit dance rehearsal rates available)</div> </div> </div>				<div>MODERN</div> <div>Modern I (K - 1st) 9:00 - 10:00 am</div> <div>Modern II (2nd - 3rd) 10:00 - 11:00 am</div> <div>Modern III/IV (4th- 6th) 11:00 - 12:15 pm</div>
ADAPTIVE DANCE					<div>FEATURES INCLUDE:</div> <ul style="list-style-type: none"> • One Sound System per studio • Three air purifiers in each studio • Proof of Certificate of Insurance required <div>AVAILABLE FOR:</div> <ul style="list-style-type: none"> • Private & Semi-Private Lessons • Group Classes & Workshops • Rehearsals & Photo Shoots • Private Events 	
					<div>RESERVE YOUR SPACE</div> <div>(914) 328-1900</div> <div>steffinossen.org</div>	

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Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>TECHNIQUE PROGRAM</div> <div>GradeS 7+</div>	<div>TAP</div> <div>Adv Beg Teen Tap</div> <div>6:00 - 7:00 pm</div>	<div>BALLET</div> <div>Int Ballet* </div> <div>4:15- 5:45 pm</div> <div>Adv Ballet* </div> <div>5:45 - 7:15 pm</div>	<div>JAZZ</div> <div>Adv Beg Jazz*</div> <div>4:15 - 5:30 pm</div> <div>Int Jazz*</div> <div>5:30 - 7:00 pm</div> <div>Adv Jazz*</div> <div>7:00 - 8:30 pm</div>	<div>MODERN</div> <div>Adv Beg Modern* </div> <div>4:15 - 5:30 pm</div> <div>Int Modern* </div> <div>5:30 - 7:00 pm</div> <div>Beg Teen Modern</div> <div>6:45 - 8:00 pm</div> <div>Adv Modern* </div> <div>7:00 - 8:30 pm</div>	<div>BALLET</div> <div>Beg Teen Ballet (7th+)</div> <div>5:00 - 6:15 pm</div> <div>Adv Beg Ballet*</div> <div>6:15 - 7:30 pm</div>	
						<div>PRE-PROFESSIONAL PROGRAM</div> <div>JUNIOR MASTER CLASS*</div> <div>12:30 - 2:00 pm </div>
	ADULT CLASSES					<div>COMPANY/ MCII BALLET*</div> <div>1:00 - 1:45 pm </div> <div>MC I BALLET*</div> <div>2:00 - 2:45 pm </div> <div>MASTER CLASS II*</div> <div>2:00 - 3:30 pm </div> <div>MASTER CLASS I*</div> <div>2:45 - 4:15 pm </div> <div>COMPANY REHEARSAL*</div> <div>4:00 - 6:00 pm</div> <div>DANCE THEATER GROUP*</div> <div>4:30 - 6:00 pm</div>
ADULT CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<div>TAP</div> <div>Open Tap</div> <div>7:00 - 8:00 pm</div>	<div>BALLET</div> <div>Beginner Ballet</div> <div>7:15- 8:15 pm</div>	<div>JAZZ</div> <div>Beginner Jazz</div> <div>7:15- 8:15 pm</div>		<div>AFROBEATS</div> <div>Adult AFROBEATS</div> <div>6:30 - 7:30 pm</div>	
*LEVEL- BASED CLASSES REQUIRE PLACEMENT AT TEACHERS' DISCRETION  LIVE MUSIC IN CLASSES						