


STEFFI NOSSEN CLASS SCHEDULE

2021 - 2022

216 N Central Ave, White Plains, NY 10606 | (914) 328-1900 | info@steffinossen.org | steffinossen.org

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CORE PROGRAM Toddlers - Grade 7		DANCING TOTS Parent & Toddler (18 mo. - 3 years) 9:45 - 10:25 am	We have scheduled 5 minutes between classes to sanitize our studios and reduce foot-traffic to maintain social distancing.		DANCING TOTS Parent & Toddler (18 mo. - 3 years) 9:45 - 10:25 am		CORE BALLET Ballet III/IV (3rd - 6th) 9:00 - 10:10 am Ballet I/II (K - 2nd) 11:00 - 11:55 am
		YOUNG MOVERS CHAPPAQUA Creative Movement (3-4 y.) 4:00 - 4:40 pm			YOUNG MOVERS Creative Movement (3 - 4 years) 3:45 - 4:25 pm		FOR STUDIO RENTALS CALL (914) 328-1900
		CORE MODERN CHAPPAQUA Modern I (K - 1st) 4:45 - 5:40 pm Modern II (2nd - 3rd) 5:45 - 6:45 pm			CORE TAP Tap I/II (K - 2nd) 4:00 - 4:55 pm	YOUNG MOVERS Ballet & Tap (3 - 5 years) 4:00 - 4:55 pm	
		CORE TAP Tap III/IV (3rd - 6th) 4:00 - 4:55 pm	CORE BALLET Ballet I/II (K - 2nd) 4:30 - 5:25 pm Ballet III (3rd - 5th) 5:30 - 6:25 pm Ballet IV (5th - 7th) 6:30 - 7:45 pm	CORE MODERN Modern I/II (K - 2nd) 4:30 - 5:25 pm Modern IV (5th - 7th) 6:30 - 7:45 pm	CORE JAZZ Jazz I/II (K - 2nd) 5:00 - 5:55 pm Jazz IV (5th - 7th) 7:00 - 8:15 pm	CORE HIP HOP Hip Hop I/II (K - 2nd) 4:15 - 5:10 pm Hip Hop III/IV (3rd - 6th) 5:15 - 6:10 pm	YOUNG MOVERS Ballet/Tap (3 - 5 years) 12:00 - 12:55 pm
		MOVING WHEELS & HEELS MWH Youth (7-16 y.) 🎵 4:30 - 5:25 pm MWH Adult (16+) 5:30 - 6:25 pm 🎵					
		TAP Intermediate Tap* 5:00 - 5:55 pm Beg. Teen Tap (Grades 7+) 6:00 - 6:55 pm	BALLET Intermediate Ballet* 🎵 4:15 - 5:40 pm Pointe* 🎵 5:45 - 6:25 pm Advanced Ballet* 🎵 6:30 - 8:00 pm	JAZZ Adv. Beg Jazz* 4:00 - 5:10 pm Intermediate Jazz* 5:15 - 6:40 pm Advanced Jazz* 6:45 - 8:15 pm	MODERN Adv. Beg Modern* 🎵 4:00 - 5:10 pm Intermediate Modern* 🎵 5:15 - 6:40 pm Advanced Modern* 🎵 6:45 - 8:15 pm	BALLET Beg. Teen Ballet (Grades 7+) 5:00 - 5:55 pm Adv. Beg. Ballet* 6:00 - 7:15 pm	MASTER CLASS JMC* (4th - 8th) 🎵 11:30 am - 1:00 pm MCI* (8th - 10th) 🎵 2:00 - 3:30 pm MCII* (10th - 12th) 🎵 2:00 - 3:30 pm
TECHNIQUE PROGRAM Grades 8+					HIP HOP Teen Hip Hop (Grades 7+) 6:15 - 7:15 pm	CONDITIONING MCI Conditioning* 1:00 - 2:00 pm	
							MCII & COMPANY MCII & Company Ballet* 🎵 1:00 - 2:00 pm

*LEVEL - BASED CLASSES REQUIRE PLACEMENT AT TEACHER'S DISCRETION 🎵 LIVE MUSIC IN CLASSES